



Saying Goodbye

When a baby is lost, whether during pregnancy, at birth or in infancy, it is a devastating experience for the parents and the extended family.

Sadly for people that lose prior to 24-weeks gestation, services to commemorate the life that has been lost are seldom held, while for parents who lose later in pregnancy, at birth or in early years, the parents are usually in the depths of grief when a service is held.

The Saying Goodbye services are the first international set of remembrance services, for people who have suffered the loss of a baby at any stage, and whether that be recently or decades ago. **They provide a time and place to acknowledge and remember your baby, whilst collectively 'saying goodbye'.**

The services also welcome anyone grieving the fact that they have been unable to have children.

The services are for people of any faith or no faith, are free to attend, no tickets need to be booked, and people are invited to bring family, friends and children with them. Held at cathedrals and similar venues across the globe, chosen for their beauty and grandeur; a wonderful tribute is created for all lost babies.

Together we will stand and say, "our children may have only been on this earth for days, weeks, months or years, but they were truly loved, and will always be missed!"



St Albans Cathedral, Monday, the 12th of October, 7.00pm

For up to date service details, please see www.sayinggoodbye.org

Saying Goodbye is a division of the bereavement support charity, Mariposa International, and is supported by a wonderful set of Ambassadors including Kym Marsh, Kate Ferdinand, Jools Oliver, Sally Phillips, Professor Lord Winston, Kate Beckinsale, Baroness Floella Benjamin, Nigella Lawson & more.

