

'Let the Light In'

By Heather Ford Lark

Last week we had a new door delivered. As the delivery van drove away I noticed a slogan on the rear saying 'let the light in'. That was exactly our intention with the new door – as much glass as possible to let light into our home.

It got me thinking about other aspects of light in our lives.

I love the early morning light that streams in through our east facing windows and how it moves around as the day goes on, (or our world moves round) and I have the west-facing windows in my office shedding their warm rays across my computer screen as sunset approaches, sometimes causing a burst of rainbows to reflect on my screen. Beautiful to see, but of course, only if I have the curtains open. I have to be intentional in allowing that light to come in.

Throughout Scripture light is a powerful symbol of God's nature. In 1 John 1 v 5 we are told that God IS light, and He represents all that is truth, purity, holiness and life itself.

"Let the light in" is not just a poetic phrase used in songs and slogans; it's an invitation. An invitation to open the closed spaces of our hearts, to loosen our grip on fear, and to trust that God's presence is already near—waiting, offering , but never forcing .

It reminds me of the picture of Jesus as the Light of the World by Holman Hunt. Jesus stands at the door, but there is no handle on the outside , and it is up to us to let Jesus in.

This is the hope we are offered: not that darkness won't exist, but that it will never have the final word. Even the smallest beam of light has the power to break through the deepest darkness.

In Psalm 36 v 9 the psalmist declares to God "In Your light we see light" signifying that true understanding, life, and spiritual enlightenment come through God's revelation. God's light represents truth, purity, and wisdom. This means we only truly understand reality, justice, and ourselves when look at Jesus.

We are still in the Easter season in the church calendar, and the new candle at Easter, known as the Paschal candle, which is lit in many churches , symbolizes the risen Jesus Christ as the "Light of the World" dispelling the darkness of sin and death. Blessed and lit annually at the Easter Vigil, this candle represents new life, resurrection, and the presence of Jesus throughout the 50-day Easter season.

But of course His light is available to us every day of the year, not just at Easter.

I think for everyone there are times in life when everything feels dim—when hope flickers, when our faith feels fragile or non-existent, and when the weight of life threatens to overwhelm. At those times it's easy to forget that the light of Jesus is not something we need to generate ourselves. He is someone we allow into our lives and homes.

Sometimes we hold on to guilt, shame, or pride, convincing ourselves that we must sort ourselves out before stepping into God's presence. But His light is not reserved for the perfect—it is precisely for the broken, the weary, and the searching. Light reveals, but it also heals.

Light doesn't just burst in once and stay forever without invitation—it is something we continually welcome. In the quiet moments of the morning, in acts of kindness, in forgiveness when it's hard, in choosing faith over fear - God is always there for us.

And when we let his light in, something remarkable happens. We begin to reflect that light. The same light that enters our lives starts to shine through us—into our relationships, our work, and our communities. We become carriers of hope in a world that desperately needs it.

Maybe we can consciously let the light in today.